

Guide over Sands Trust
Cross Bay Walks by Cedric Robinson 2014 across the Kent Estuary

Date	Start	Finish
26th April	Arnside	Kents Bank
10th May	Arnside	Kents Bank
11th May	Arnside	Kents Bank
24th May	Arnside	Kents Bank
25th May	Arnside	Kents Bank
7th June	Kents Bank	Silverdale
8th June	Arnside	Kents Bank
21st June	Arnside	Kents Bank
22nd June	Arnside	Kents Bank
5th July	Kents Bank	Arnside
6th July	Arnside	Kents Bank
19th July	Arnside	Kents Bank
20th July	Arnside	Kents Bank
2nd August	Arnside	Kents Bank
3rd August	Arnside	Kents Bank
6th September	Arnside	Kents Bank
7th September	Arnside	Kents Bank
20th September	Arnside	Kents Bank
4th October	Arnside	Kents Bank
5th October	Arnside	Kents Bank

In normal conditions the walk takes 3 hours. During 2013, due to the heavy rain, the walks had to move fur
The walks are subject to the conditions being satisfactory. If Cedric considers the conditions unsuitable he v

ther out into the bay and was taking up to 4 hours.

will have to cancel the walk. It is advised that walkers contact their group or charity organisers close to the v

walk.